



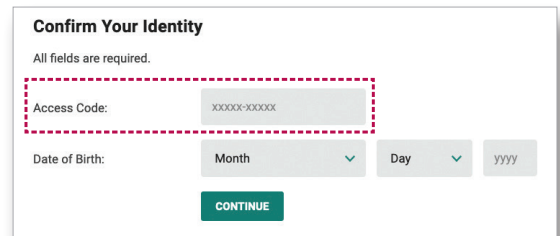
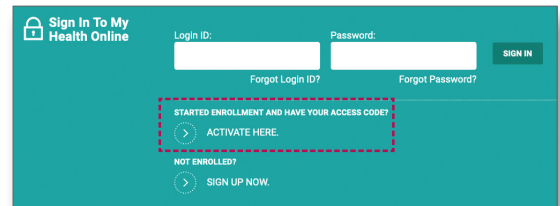
Enroll today in three easy steps.



My Health Online gives you convenient, secure online access to your doctor and health records.

How to Enroll

- 1. Receive an access code.** Find the access code at the bottom of your After-Visit Summary. You can also get an access code by calling **866-978-8837**, or by visiting **mho.sutterhealth.org** and clicking on "Sign Up Now."
- 2. Activate your account.** Go to **mho.sutterhealth.org** and click "Activate Here." This will take you to a page where you must enter your access code as well as your birthdate.
- 3. Get started enjoying the benefits!** With My Health Online, you can:



For hospital visits:



View Test Results



Pay Bills Online

For your primary care or specialty doctor you can also:



Message Care Team



Schedule an Appointment



Text Reminders



Renew a Prescription

For easy, on-the-go access, get the free My Health Online app available on the App Store or Google Play.



To enroll in My Health Online, you must be 12 years of age or older and a Sutter Health patient. Patients ages 12–17 years old must have permission from a parent.

Questions?

The My Health Online support team is here to help. Call **866-978-8837** or email **mhosupport@sutterhealth.org**.

My Health Online is available in English and Spanish.